

St Michael's V.A. Junior School



allangels'primaryfederation
Clover Hill V.A. Infant & Nursery School
& St. Michael's V.A. Junior School,
Bowthorpe, Norwich



**Week
commencing
14th October
2024**

HOPE ~ RESPECT ~ PERSERVERANCE ~ TRUST ~ SUCCESS

Monday

PE Year 3

Tuesday

PE Year 4

Wednesday

Thursday

PE Year 5

Friday

PE Year 6

Multi-Sports
finishes at 4.15pm

Lego Year 5 & 6
finishes at 4.30pm

All Angels Active Club
finishes at 5pm

**NO DODGEBALL
MOVIE NIGHT instead!**

Football
finishes at 4.15pm

DATES FOR YOUR DIARY



Tue 15 October - Individual school photos

Wed 16 October - Flu Vaccine (session 1)

Thurs 17 October - Movie Night - Inside Out 2

Thurs 24 October - Finish 3.25pm for Half Term

Mon 4 November - Return to school

Fri 8 November - Flu Vaccine (session 2)

Tue 12 November - National Odd Socks Day



SCHOOL LUNCH

Week commencing 14th October

WEEK 1

See website
for full menu,



[School menu click here](#)

MOBILE PHONES

We remind parents and children that we do not allow children to bring their phones to school.



This is a common policy in schools due to safeguarding reasons. Unfortunately, there have been some pupils in the past who have used their phones inappropriately in school, leaving other children and staff vulnerable. In addition, school staff cannot be held responsible for the safekeeping of mobile phones. Some parents state that they want to know if their child has got home safely. If you have any worries about your child's safety, it may be best to pick them up from school or arrange for them to walk with others.

Should there be **exceptional circumstances** requiring the need to bring a phone to school, we will need you to state these in an email to the school office addressed to Mrs McCarney.

SCHOOL PHOTOS

REMINDER for Year 4's to come in school uniform on **Tuesday 15th October** for their individual photos. **AND BRING IN YOUR PE KIT.**



**PLEASE, PLEASE
REMEMBER TO ORDER YOUR
CHILD'S LUNCH VIA PARENTPAY!**

**YOU MUST BOOK
BY 8AM ON THE DAY
REQUIRED,** or book the

full week in advance, so the kitchen have the correct numbers and your child receives the lunch they want.



NATIONAL CHANGES TO SCHOOL ATTENDANCE

Planning a holiday?
Illness with no medical evidence?
Arriving Late after registers closed?
The Government has made changes to school attendance.

This could affect you!

If your child is absent for 5 days or more without permission or medical evidence you will face fines.

You can help yourself!

We can give you information, advice and guidance. Speak to us for support.

DSL Designated Safeguarding Leads for St. Michael's VA Junior School

Designated Safeguarding Lead Mrs. McCarney, Alternate Safeguarding Lead Mrs Claflin & Mr Bennison

SENCO Mr Laband, Mrs Brabbin Pastoral Mrs Francis, Mr Stapleton, Ms Howard, Miss Armstrong

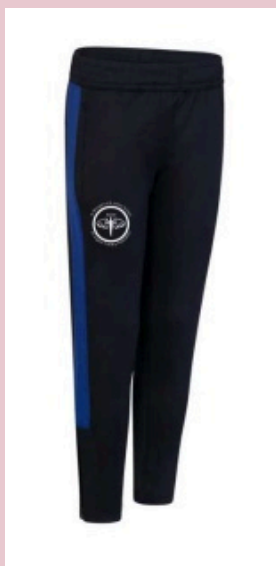
Year 3 Lead Mrs Reeve Year 4 Lead Mr Shailes Year 5 Lead Mr Watkins Year 6 Lead Mr Anstiss



PE KIT FOR WINTER TIME

Please make sure your child has a warm blue or black tracksuit/joggers and sweatshirt or the school PE tracksuit for the winter months.

We aim to get the children outside for PE as much as possible.



THE WEATHER IS CHANGING! So please send your child in with a named coat EVERY DAY



We always try to have morning breaks and lunch breaks outside.



END OF DAY PROBLEM

We know that saying goodbye to over 400 children will be a busy often chaotic time but there must be something we can do to make this time easier!

Over many years we have worked hard with traffic calming, speed signs and staggered finish times but nothing really seems to ease the busy end of day difficulties.

If you would like to be part of a parent group that can come up with solutions to try, please join Mrs McCarney for an informal brain storm on Friday 18th October at 2.45pm.

REMINDER: DOUBLE YELLOW LINES



This means **NO parking or waiting.** Local residents have reported parents to the council so please be careful where you park.

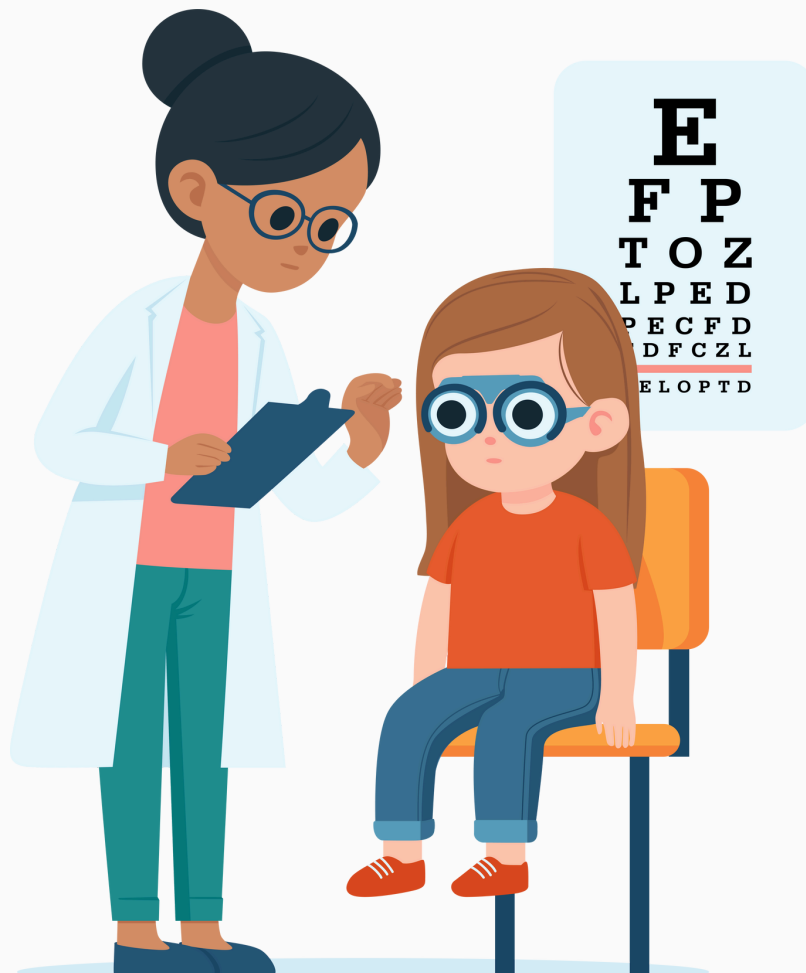
All children are entitled to a free NHS sight test

- Up to the age of 16 (or 19 if still in full-time education)
- Plus an [Optical Voucher](#) entitles you to help towards the cost of glasses or contact lenses

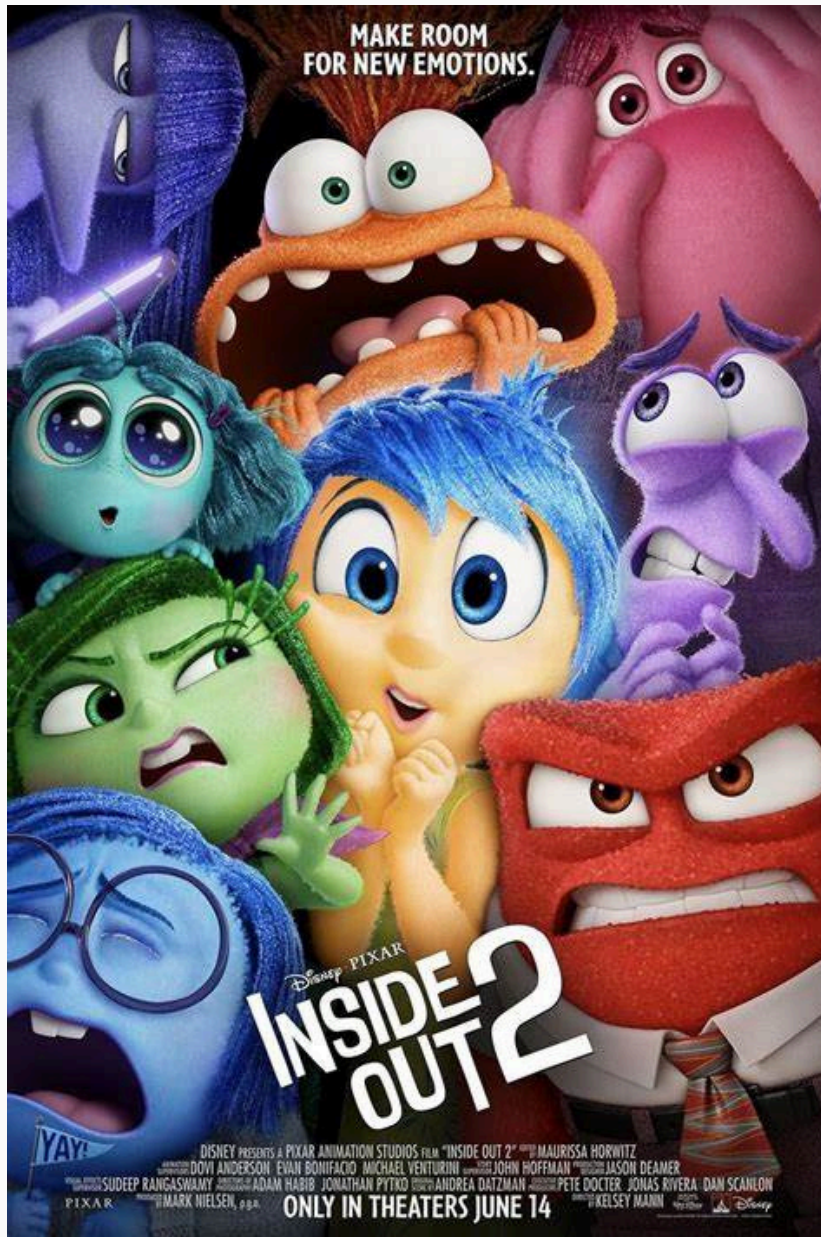
A FREE SIGHT TEST

can give every child the ability to see clearly, learn effectively and develop normally.

**Optical
Confederation**
The voice of UK optics



MOVIE NIGHT!



Inside Out 2

Showing on **Thursday 17 October** 3.25pm to 5pm
Book your place for £4.50 this includes chips and drink
(squash) **by Wednesday 16 October via ParentPay.**

EXTRAS available on the day at 50p like sweets etc.

ODD SOCKS DAY

TUESDAY 12TH NOVEMBER



Thousands of kids and adults across the UK are going to be wearing odd socks on Tuesday 12 November and there's a really good reason why! It's the start of Anti-Bullying Week.

Odd Socks Day is a national event all about celebrating what makes someone unique.

It's organised by the Anti-Bullying Alliance which is a group of organisations, charities and individuals who work together to try and stop bullying



PLEASE BE AWARE SOME PUPILS HAVE HAD HEADLICE, SO MAKE SURE YOUR CHECK YOUR CHILD'S HAIR

HEAD LICE AND NITS ADVICE FROM THE NHS



ONCE A WEEK,
TAKE A PEEK!

Head lice and nits are very common in young children. They don't have anything to do with dirty hair and are usually picked up from head-to-head contact.

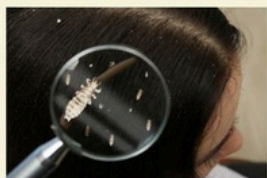
Check if it is head lice

Head lice are small insects, up to 3mm long. They can be difficult to spot. Head lice eggs (nits) are yellow, brown or white (empty shells) and attached to the hair.

How does it feel?

- Itchy!
- like something is moving in your hair

The only way to be sure someone has head lice is by finding live lice or eggs.



You can do this by combing the hair with a special fine-toothed comb (detection comb). You can buy these online or at pharmacies.

How to get rid of head lice

You can treat head lice without seeing a GP. Treat head lice as soon as you spot them. You should check everyone in the house and treat them on the same day if they have head lice.

Use a fine toothed-comb

If you don't want to use chemicals, you can buy a special fine-toothed comb online or from pharmacies to remove head lice and nits. There will be instructions on the pack but you should - use the comb on wet or dry hair - although it usually works better on wet hair with conditioner. Comb the whole head of hair from the roots to the ends.

Repeat every few days for 2 weeks

Use lotion or spray

You can use medicated lotions and sprays to kill head lice in all types of hair. You can buy these from pharmacies, supermarkets or online. Head lice should die within a day. Some treatments need to be repeated after a week to kill any newly hatched lice.



There is **NO** need to keep your child off school if they have head lice.

There is nothing you can do to prevent head lice. You can prevent head lice from spreading by avoiding head-to-head contact.

Don't use medicated lotions or spray to prevent head lice as this can irritate the scalp and skin.