#### St Michael's V.A. Junior School



#### allangels' primary federation

Clover Hill V.A. Infant & Nursery School & St. Michael's V.A. Junior School, Bowthorpe, Norwich



Week commencing 30th September 2024

PERSERVERANCE HOPE RESPECT TRUST SUCCESS

**Monday** 

Tuesday

Wednesday

**Thursday** 

Friday

PE Year 3

PE Year 4

PE Year 5

PE Year 6

Multi-Sports

Lego Year 5 & 6

All Angels Active Club finishes at 5pm

Dodgeball finishes at 4.15pm

Football finishes at 4.15pm

finishes at 4.15pm

finishes at 4.30pm

DATES FOR YOUR DIARY

Week beginning Mon 30 Sept to Fri 4 October

- Open Classroom Parents evening

Thurs 3 to Fri 4 October - Year 6 Residential trip Tue 15 October - Individual school photos

Wed 16 October - Flu Vaccine (session 1) Fri 8 November - Flu Vaccine (session 2)



### PARENT VIEW QUESTIONNAIRE

PLEASE click here to fill out St. Michael's Parent Ouestionnaire

#### **SCHOOL ABSENCE**

The school has noticed a lot of single dau absences this half term.

Please remember that the school is able to administer medication for children. Parents simply need to bring medication to the main office and sign a consent form. This will help avoid odd days of school absence.



#### EARLY ARRIVAL ON SCHOOL GROUNDS



If your child arrives before 8.30am and is found waiting unsupervised in the school grounds they will be sent to breakfast club for their safety.

And you will be charged £4.50 for this.

### THE WEATHER IS CHANGING! So please send your child in with a coat EVERY DAY

#### SCHOOL LUNCH

Week commencing 30th September



See website for full menu,



School menu click here

#### SPECIAL LUNCH **THURSDAY 3 OCTOBER**

Burger OR Veggie burger with diced potatoes and beans



Order via ParentPau in the usual way

### **MSA REQUIRED CLOVER HILL**

Midday Supervisor Assistant

1 and half hours a day Term Time only.





**Please contact Clover Hill Office** for an application form





# REMINDER THAT WE ARE A SCHOOL



100%
• NUT
• FREE

Please would all parents/carers ensure that they <u>DO NOT send products</u>
<u>containing nuts into the school.</u>
We have children with <u>severe allergies</u>
and we would appreciate your
support as a community.



PRODUCTS LIKE: Peanut Butter, cereal or chocolate bars with nuts in, e.g. Kinder Bueno bars, Nutella spread and any cakes that might contain nuts.



PLEASE CHECK INGREDIENTS ON THE FOOD LABEL



THIS
INCLUDES
NUTELLA
CHOCOLATE
SPREAD





# PLEASE BE AWARE SOME PUPILS HAVE HAD HEADLICE, SO MAKE SURE YOU CHECK YOUR CHILD'S HAIR

## **HEAD LICE AND NITS ADVICE**



## FROM THE NHS

ONCE A WEEK, TAKE A PEEK!



Head lice and nits are very common in young children.

They don't have anything to do with dirty hair and are usually picked up from head-to-head contact.

#### Check if it is head lice

Head lice are small insects, up to 3mm long. They can be difficult to spot. Head lice eggs (nits) are yellow, brown or white (empty shells) and attached to the hair.

#### How does it feel?

- · Itchy!
- · like something is moving in your hair

The only way to be sure someone has head lice is by finding live lice or eggs.





You can do this by combing the hair with a special fine -toothed comb (detection comb). You can buy these online or at pharmacies.

#### How to get rid of head lice

You can treat head lice without seeing a GP. Treat head lice as soon as you spot them. You should check everyone in the house and treat them on the same day if they have head lice.

#### Use a fine toothed-comb

If you don't want to use chemicals, you can buy a special fine-toothed comb online or from pharmacies to remove head lice and nits. There will be instructions on the pack but you should use the comb on wet or dry hair – although it usually works better on wet hair with conditioner. Comb the whole head of hair from the roots to the ends.

#### Repeat every few days for 2 weeks

#### Use lotion or spray

You can use medicated lotions and sprays to kill head lice in all types of hair. You can buy these from pharmacies, supermarkets or online. Head lice should die within a day. Some treatments need to be repeated after a week to kill any newly hatched lice.





There is <u>NO</u> need to keep your child off school if they have head lice. There is nothing you can do to prevent head lice.
You can prevent head lice from spreading by avoiding head-to-head contact.

Don't use medicated lotions or spray to prevent head lice as this can irritate the scalp and skin.

# Parent coffee morning

on the **first Tuesday of the month** where Pastoral are available for a chat, please come along to the Family Room.

1st October and 5th November



St. Michael's V.A. Junior School

#### FAMILY HUB DROP IN



#### FOR WHO?

Parents/ carers of children aged 0-19 years (up to 25 years for young people with special educational needs and disabilities)

#### WHY JOIN US?

- · Safe and confidential space
- Free information, advice and support
- Links to other services and organisations



#### WHEN & WHERE?

Tuesday 1st October and Tuesday 5th November 9:00am – 10:30pm

The Family Room, St Michael's V.A. Junior School Astley Rd, Norwich NR5 9LA



Free Coffee & Biscuits





We would be delighted for you to join us at our

# **SEND** Fair

on

# Monday 7th October 4:00pm-7:00pm

The event is being attended by numerous local SEND agencies who you will be able to chat to regarding their support services including

SENDIAS
TITAN
Norfolk Early Help
ASD Helping Hands
Norfolk SEND Network
Mental Health in Schools Team

Additionally, one of our link Education Psychologists from Norfolk EPSS will be giving a talk about their services, assessments and family support, which will take place at 4pm and 6pm.

If you would like to attend, please use the QR code below to book your space. This will also allow you to choose which slot you would prefer for the Education Psychologist talk, however you are welcome to attend and browse the stands only if preferred.

We look forward to welcoming you to our school.

https://forms.office.com/e/dfD9tw8igT



# Want to know more about senSI?

Join us at our open coffee morning on Saturday the 5th of October, from 10-midday, newcomers are most welcome!

(there will be cake)

Meet our team, find out about our multidisciplinary assessments and treatments!



We will be at senSI, Ketteringham hall, Ketteringham, NRI8 9RS. let us know you're coming at: info@sensitreatment.com

We cant wait to see you all!



